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**Self-help**-Samuel Smiles 1881 “The object of the book briefly is, to re-inculcate old-fashioned but wholesome lessons—which perhaps can not be too often urged—that youth must work in order to enjoy—that nothing creditable can be accomplished without application and diligence—that the student must not be daunted by difficulties, but conquer them by patience and perseverance—and that, above all, he must seek elevation of character, without which capacity is worthless and worldly success is naught. If the author has not succeeded in illustrating these lessons, he can only say that he has failed in his object”—Preface. (PsycINFO Database Record (c) 2010 APA, all rights reserved).

**Thrift**-Samuel Smiles 1875 “This book is intended as a sequel to ‘Self-help’, and ‘Character’.”—Preface.

**Samuel Smiles and the Victorian Work Ethic**-Tim Travers 2021-02-25 Samuel Smiles is best known for his book Self Help (1859), which many have assumed to be an encouragement to social and financial success. However, Smiles actually argued against the single-minded pursuit of success, and in favour of the protein formation of character as the ultimate goal of life. First published in 1987, this book examines Samuel Smiles’ ideals of work and self-help against the background of the Victorian work ethic. Drawing on ‘sub-literature’ such as pamphlets, periodicals, novels, works by Dissenting and Anglican ministers, popular ‘success’ and ‘self-improvement’ books, and general literature on the condition of the working classes, it presents a broad range of public opinion and attitudes towards work and in doing so, creates an essential framework and context for Smiles’ popular books. This book will be of interest to those studying Victorian history and ideology.

**The Self-Help Compulsion**-Beth Blum 2020-01-28 Samuel Smiles, wrote in self-help books about the value of work and self-help; this book explores the idea that self-help books might seem far-fetched, yet a hidden history of rivalry, influence, and imitation links these two worlds. In The Self-Help Compulsion, Beth Blum reveals the profound entanglement of modern literature and commercial advice from the late nineteenth century to the present day. Blum explores popular reading practices in which people turn to literature in search of practical advice alongside modern writers’ rebukes of such instrumental purposes. As literary authors positioned themselves in opposition to people like Samuel Smiles and Dale Carnegie, readers turned to self-help for the promises of mobility, agency, and practical use that serious literature was reluctant to supply. Blum unearths a series of unlikely cases of the love-hate relationship between serious fiction and commercial advice, from Gustave Flaubert’s mockery of early DIY culture to Dear Abby’s cutting diagnoses of Nathanael West and from Virginia Woolf’s ambivalent polemics against self-improvement to the ways that contemporary global authors such as Mohsin Hamid and Tash Aw explicitly draw on the self-help genre. She also traces the self-help industry’s tendency to popularize, quote, and adapt literary wisdom and considers what it might have to teach today’s university.


The autobiography, published in 1905, of one of the most popular Victorian writers, whose Self-Help (1859) made his name.

**The Miracle of Right Thought**-Orison Swett Marden 1910

How to Win Friends and Influence People—Dale Carnegie 2020-10-12 Do you feel stuck in life, not knowing how to make it more successful? Do you wish to become more popular? Are you craving to earn more? Do you wish to expand your horizon, earn new clients and win people over with your ideas? How to Win Friends and Influence People is a well-researched and comprehensive guide that will help you through these everyday problems and make success look easier. You can learn to expand your social circle, polish your skill set, find ways to put forward your thoughts more clearly, and build mental strength to counter all hurdles that you may come across on the path to success. Having helped millions of readers from the world over achieve their goals, the clearly listed techniques and principles will be the answers to all your questions.

**The Huguenots**-Samuel Smiles 2021-09-16 Reprint of the original, first published in 1867.

**50 Self-Help Classics**-Tom Butler-Bowdon 2010-12-07 Discover the proven classics of personal transformation and the books that have served as catalysts of change for millions.

**Lectures to Young Men**-Henry Ward Beecher 1890

**The Shyness and Social Anxiety Workbook**-Martin M. Antony 2010

There’s nothing wrong with being shy. But if social anxiety keeps you from forming relationships with others, advancing in your education or your career, or carrying on with everyday activities, you may need to confront your fears to live an enjoyable, satisfying life. This new edition of The Shyness and Social Anxiety Workbook offers a comprehensive program to help you do just that. As you complete the activities in this workbook, you’ll learn to: Find your strengths and weaknesses with a self-evaluation ; Explore and examine your fears; Create a personalized plan for change; Put your plan into action through gentle and gradual exposure to social situations... Information about therapy, medications, and other resources is also included. After completing this program, you’ll be well-equipped to make connections with the people around you. Soon, you’ll be on your way to enjoying all the benefits of being actively involved in the social world.

**If I Can’t Have You**-Charlotte Levin 2020-07-09 ‘One of the best books I’ve ever read’ Ruth Jones ‘This is superb... and compulsive and disturbing and very well done indeed’ Harriet Tyce, author of Blood Orange

**If I Can’t Have You by Charlotte Levin** is an all-consuming novel about loneliness, obsession and how far we go for the ones we love. My name is Constance Little. This is my love story. But this isn’t the way it was supposed to end. After fleeing Manchester for London, Constance attempts to put past tragedies behind her and make a fresh start. When she embarks on a relationship with the new doctor at the medical practice where she works, she’s convinced she’s finally found the love and security she craves. Then he ends it. But if life has taught her anything, it’s that if you love someone, you should never let them go. That’s why for Constance Little, her obsession is only just beginning... .

Disillusioned with the medical establishment when he sees his fellow interns the House of God
assumptions at work behind our definitions of literature, interpretation, and forgotten “uses” for them. Useless Joyce invites new discussions about the Ulysses and Finnegans Wake as various kinds of guides and uncover new or industry not unlike the rise of self-help publishing. We can therefore read material views the rise of explication and commentary on Joyce's work as an practical purposes. Conley's accessible and witty engagement with the ways in which texts may be assigned unexpected but thoroughly captivating. —Kirkus Reviews Stumbling on Happiness—Daniel Gilbert 2009-02-24 A smart and funny book by a prominent Harvard psychologist, which uses groundbreaking research and (often hilarious) anecdotes to show us why we’re so lousy at predicting what will make us happy – and what we can do about it. Most of us spend our lives steering ourselves toward the best of all possible futures, only to find that tomorrow rarely turns out as we had expected. Why? As Harvard psychologist Daniel Gilbert explains, when people try to imagine what the future will hold, they make some basic and consistent mistakes. Just as memory plays tricks on us when we try to look backward in time, so what we thought it was. Among the unexpected questions he poses: Why are conjoined twins no less happy than the general population? When you go out to eat, is it better to order your favourite dish every time, or to try something new? If Ingrid Bergman hadn’t gotten on the plane at the end of Casablanca, would she and Bogey have been better off? Smart, witty, accessible and laugh-out-loud funny, Stumbling on Happiness brilliantly describes all that science has to tell us about the uniquely human ability to envision the future, and how likely we are to enjoy it when we get there.

Men of Invention and Industry—Samuel Smiles 1885

Useless Joyce—Tim Conley 2017-10-03 Tim Conley's Useless Joyce provocatively analyses Joyce's Ulysses and Finnegans Wake and takes the reader on a journey exploring the perennial question of the usefulness of literature and art. Conley argues that the works of James Joyce, often thought difficult and far from practical, are in fact polymorphous meditations on this question. Examinations of traditional textual functions such as quoting, editing, translating, and annotating texts are set against the ways in which texts may be assigned unexpected but thoroughly practical purposes. Conley’s accessible and witty engagement with the material views the rise of explication and commentary on Joyce’s work as an industry not unlike the rise of self-help publishing. We can therefore read Ulysses and Finnegans Wake as various kinds of guides and uncover new or forgotten “uses” for them. Useless Joyce invites new discussions about the assumptions at work behind our definitions of literature, interpretation, and use.

Love, Life & Work—Elbert Hubbard 1906

The House of God—Samuel Shem 2003 Intern Roy Basch becomes disillusioned with the medical establishment when he sees his fellow interns fail for the illusions that destroy a doctor's ability to relate to and really care for his patients. Reprint.

Today and Tomorrow—Henry Ford 2018-10-31 Winner of the 2003 Shingo Prize! Henry Ford is the man who doubled wages, cut the price of a car in half, and produced over 2 million units a year. Time has not diminished the progressiveness of his business philosophy, or his profound influence on worldwide industry. The modern printing of Today and Tomorrow features an introduction by James J.

Liberalism—Edmund Fawcett 2015-09-22 Liberalism dominates today’s politics just as it decisively shaped the American and European past. This engrossing history of liberalism—the first in English for many decades—traces liberalism’s ideals, successes, and failures through the lives and ideas of a rich cast of European and American thinkers and politicians, from the early nineteenth century to today. An enlightening account of a vulnerable but critically important political creed, Liberalism provides the vital historical and intellectual background for hard thinking about liberal democracy’s future.

Victorian Values—Gordon Marsden 2014-09-25 Victorian Values is an absorbing portrait of Victorian society and culture, presenting different aspects of the age through profiles of representative or pioneering figures among them Dickens, Pugin, Mary Kingsley, Lord Leighton, Gladstone and Joseph Chamberlain. It illuminates Victorian attitudes to a range of issues from education, health and self-help to civic ideals and sexual identity. Widely used and enjoyed by students, teachers and general readers alike, it has now been extended with four new essays and the Introduction, comparing the Victorian age with our own, has been updated and rewritten.

Industrial Biography—Samuel Smiles 1876

Frank Bettger's How I Raised Myself from Failure to Success in Selling—Karen McCreadie 2010-01-04 Karen McCreadie’s brilliant interpretation of Frank Bettger's How I Raised Myself from Failure to Success in Selling illustrates the principles of Bettger’s insights into selling with modern examples, to enable twenty-first century readers to emulate Bettger and become sales legends.

The View from No. 11—Nigel Lawson 1992 In October 1989, Nigel Lawson, the longest-serving Chancellor of the Exchequer since World War I, resigned after a very public row with the then Prime Minister, Margaret Thatcher. This biography deals with his time in office and the reasons behind his resignation.

He Can who Thinks He Can, and Other Papers on Success in Life—Orison Swett Marden 1908

How Toyota Became #1—David Magee 2008 Examines the reasons behind the success of Toyota as the world’s number one automaker, focusing on its history, the abilities of its senior management, and the power of its corporate culture.

Happy Homes and the Hearts that Make Them. Or Thrifty People and why They Thrive—Samuel Smiles 1884

Pushing to the Front—Orison Swett Marden 1911

The Magic of Believing—Claudie Bristol 2018-12-18 Have you ever known someone who expects the best of every situation and always seems to get it? That, according to author Claudie Bristol, is the magic of believing. This self-help classic illustrates the timeless nature of Bristol’s insights by bringing them to life through 32 modern case studies. Millions have benefited from these visualization techniques, which show how to turn your thoughts and dreams into effective actions that can lead to enhanced income, happier relationships, increased effectiveness, heightened influence and improved peace of mind.

How to be Rich—Jean Paul Getty 1965 Mr. Getty expounds the highly personal view of business that has guided him through his spectacular career. He reveals the principles and methods which have enabled him to build up and wisely use his tremendous fortune.
The Psychology of Wellbeing—Gary W. Wood 2020-10-08 How can we improve our sense of wellbeing? What explains the current wellbeing boom? What does wellbeing mean to you? The Psychology of Wellbeing offers readers tools to navigate their own wellbeing and understand what makes a ‘good life’. Using self-reflection and storytelling, it explores how trust affects psychological and emotional wellbeing, considers how stress and inequality impact our psychological wellbeing, and how trends such as positive psychology influence our understanding of happiness. In a world where the ‘wellness economy’ is big business, The Psychology of Wellbeing shows how we can question and make sense of information sources, and sheds light on the wellness, self-care and self-help industry.

You Have a Match—Emma Lord 2021-01-12 INSTANT NEW YORK TIMES BESTSELLER A REESE'S BOOK CLUB WINTER YA PICK A new love, a secret sister, and a summer she'll never forget. From the beloved author of Tweet Cute comes Emma Lord's You Have a Match, a hilarious and heartfelt novel of romance, sisterhood, and friendship... When Abby signs up for a DNA service, it's mainly to give her friend and secret love interest, Leo, a nudge. After all, she knows who she is already: Avid photographer. Injury-prone tree climber. Best friend to Leo and Connie... although ever since the B.E.I. (Big Embarrassing Incident) with Leo, things have been awkward on that front. But she didn’t know she’s a younger sister. When the DNA service reveals Abby has a secret sister, shimmery-haired Instagram star Savannah Tully, it’s hard to believe they’re from the same planet, never mind the same parents — especially considering Savannah, queen of green smoothies, is only a year and a half older than Abby herself. The logical course of action? Meet up at summer camp (obviously) and figure out why Abby’s parents gave Savvy up for adoption. But there are complications: Savvy is a rigid rule-follower and total narc. Leo is the camp’s co-chef, putting Abby’s growing feelings for him on blast. And her parents have a secret that threatens to unravel everything. But part of life is showing up, leaning in, and learning to fit all your awkward pieces together. Because sometimes, the hardest things can also be the best ones. "A YA contemporary set at summer camp? Count us in." —BuzzFeed "Heartfelt and engaging, You Have a Match is a masterclass on love in all its forms." —Sophie Gonzales, author of Only Mostly Devastated and Perfect on Paper "A bright summer tale of connection and self-discovery." —Booklist "A cute, feel-good coming-of-age story." —Kirkus

The Eastern Mediterranean and the Making of Global Radicalism, 1860-1914—Ilham Khuri-Makdisi 2013-08-03 In this groundbreaking book, Ilham Khuri-Makdisi establishes the existence of a special radical trajectory spanning four continents and linking Beirut, Cairo, and Alexandria between 1860 and 1914. She shows that socialist and anarchist ideas were regularly discussed, disseminated, and reworked among intellectuals, workers, dramatists, Egyptians, Ottoman Syrians, ethnic Italians, Greeks, and many others in these cities. In situating the Middle East within the context of world history, Khuri-Makdisi challenges nationalist and elite narratives of Mediterranean and Middle Eastern history as well as Eurocentric ideas about global radical movements. The book demonstrates that these radical trajectories played a fundamental role in shaping societies throughout the world and offers a powerful rethinking of Ottoman intellectual and social history.

The Natural History of German Life—George Eliot 2016-02-10 History of German Life. "In Germany, perhaps more than in any other country, it is among the peasantry that we must look for the historical type of the national physique. In the towns this type has become so modified to express the personality of the individual that even "family likeness" is often but faintly marked. But the peasants may still be distinguished into groups, by their physical peculiarities. In one part of the country we find a longer-legged, in another a broader-shouldered race, which has inherited these peculiarities for centuries. ... Between many villages an historical feud, once perhaps the occasion of much bloodshed, is still kept up under the milder form of an occasional round of cudgelings and the launching of traditional nicknames. An historical feud of this kind still exists, for example, among many villages on the Rhine and more inland places in the neighborhood. ... Marriage is a very prudential affair, especially among the peasants who have the largest share of property. ... The girls marry young, ...

Memory—William Walker Atkinson 1912

Borderline—Hanif Kureishi 1981

Queenmaker—India Edgill 2003-01-01 The only woman in the Bible who is noted to have loved a man, Queen Michal was King David's childhood sweetheart, his first wife, and daughter of his great friend and greater enemy, King Saul. Married to and then abandoned by David at age 14, Michal is forced to marry him again and become his first queen ten years later. Thrown into transition and turmoil, Queen Michal resists the ambition and greed that have become integral to David's personality and kingship. Acting nobly as his queen, but refusing to compromise her soul, Michal is drawn in friendship to the women in the king's court. Among his concubines and mistresses is Bathsheba, who becomes the mother of David's son, Solomon. In Queenmaker, Michal emerges as a wise and loving woman whose female family sustains her and establishes the spiritual foundation of the entire kingdom. Queenmaker depicts in unforgettable detail the characters of one of the greatest periods in Biblical history—their public deed and private thoughts—and gives readers the court of the kings as only a woman could see it.

The Lessons of History—Will Durant 2012-08-21 A concise survey of the culture and civilization of mankind, The Lessons of History is the result of a lifetime of research from Pulitzer Prize-winning historians Will and Ariel Durant. With their accessible compendium of philosophy and social progress, the Durants take us on a journey through history, exploring the possibilities and limitations of humanity over time. Juxtaposing the great lives, ideas, and accomplishments with cycles of war and conquest, the Durants reveal the towering themes of history and give meaning to our own.